

WHAT'S ON AT THE BROOKLYN COMMUNITY CENTRE

BEFORE SCHOOL CARE	7.30 to 8.30am every school day for school-age children. For details and bookings phone Diva on 027 410 9949
AFTER SCHOOL CARE	3pm to 6pm for primary school kids. Contact Adam Hendry on 385 0089 Email: brooklyn.hp.asc@gmail.com
HOLIDAY PROGRAMME	Starts Monday 7 July. Bookings essential. Phone Adam on 385 0089
SUNDAY PILATES	Sunday mornings alternating 10 - 10:50am and 9:30 - 10:20am Phone or text Sybill for details on 021 037 9951
BROOKLYN WALKERS	Mondays – meet outside the Brooklyn Library at 9:30am. Phone Susannah on 384 7412 for more information.
BROWNIES	Mondays 6pm to 7.30pm in school terms. Phone Margaret on 389 3028
HIP HOP & DANCE ACADEMY	Hip Hop & Junior Jazz - Mondays 4:15 to 5:45pm Fun Fairy Ballet for preschoolers and primary school children. Tuesdays 3:15pm to 6pm Contact Fiona on 476 7046 or 021 721 020.
PILATES	Mondays 9am to 9:45am – Friday classes at 9am and 10am. Contact Beth via email: renewpilates@gmail.com
DANISH MUSIC PLAYGROUP	Sundays (fortnightly) 10:30am to 11:30am. Phone Karen on 380 1929
TOTS MUSIC CLASSES	Tuesday mornings in the Community Centre lounge from 9:30am. Contact – Encore School of Music on 976 8742. Email: info@encoreschoolofmusic.co.nz
INDIAN COOKING CLASSES	Saturday and Sunday evenings. Bookings and enquiries to Anu. Phone: 021 0269 7038 Email: indiancooking@xtra.co.nz
PORSE PLAYGROUP	Wednesdays 9am – 11.30 in the hall & lounge Phone Holly on 801 6814 Email: holly.cane@porse.co.nz
REMBUDEN KARATE	Beginners: Wednesdays 5:30 to 6:15pm & Thursdays 4:45 to 5:30pm Adult Beginners: Wednesdays 6 to 7pm & Thursdays 5:30 to 6:30pm Evening Cardio Power: Wednesdays 7:30 to 8pm Stretch & Tone class: Thursdays 6:30 to 7pm For more details, contact Patricia on 383 9371 or 027 297 6049
SPCA ADOPT A PET	Saturday 9 August from 12 to 3pm. Cats & kittens seeking new homes.
ST JOHN CADETS	Tuesdays 6:30 to 8pm. Contact Carol on 388 3838 or 0274 321 204
TABLE TENNIS	New! Tuesday mornings at 9am & Wednesday evenings at 8:15pm Phone Philip on 934 7445 or email: codwg@paradise.net.nz
TAI CHI CLASSES	Thursdays at 6:30pm - \$5 casual or \$40 for 10 classes. New daytime class! Fridays at 1pm in the main hall. Contact Ferne McKenzie on 389 1433 or email: ferne.david@xtra.co.nz
BROOKLYN COMMUNITY INDOOR MARKET	LAST SATURDAY OF THE MONTH. Next market on 28 June - 9.30 to 1pm Tables only \$10. Phone Euan on 384 6799

Brooklyn Community Centre can be hired for classes, groups & functions.
Office hours - 8.30am - 3pm - Monday to Friday
Phone 384 6799 Email: brooklynca@paradise.net.nz

Brooklyn Tattler



Issue 255

June 2014

Out now! Brooklyn School Holiday Programme

Two weeks of fun activities for primary school kids

8am – 6pm Monday 7th to Friday 18 July

View our popular holiday programme online at

www.brooklyncommunitycentre.org.nz

Programmes & enrolment forms at Brooklyn Community Centre
18 Harrison Street

Contact Adam Hendry Childcare Programme Manager - 385 0089

Email: brooklyn.hp.asc@gmail.com

Brooklyn Residents Association AGM

7pm - Wednesday 18 June at the Resource Centre

36 Jefferson Street. Everybody Welcome.

*The Brooklyn Tattler is published monthly by the Brooklyn Community Association Incorporated,
18 Harrison Street, Brooklyn, Wellington 6021. The Brooklyn Community Association members
accept no liability for the contents which have been prepared in good faith*



Co-ordinator's Corner

Hi Everyone

Now that winter is here, we are pleased to have upgraded heating in the Brooklyn Community Centre and Vogelmorn Hall. The new heating installation at Vogelmorn was completed last week and features ten thermostatically slim panel heaters mounted high on all four walls, which don't detract from the overall appearance of the 1930's interior. Brooklyn's hall heating is nearing completion and will consist of ducted gas heating in the main hall, a project made possible through funding from the Infinity Foundation.

The contractors installing the heating at Vogelmorn Hall were provided with a set of architectural plans to use as guide for the placement of each heater. The plans are interesting to view, as they were drawn in 1932 by William Fielding a registered architect of Wellington, and name the existing entrance foyer and kitchen as a 'future library' and the toilets as 'men's and ladies cloakrooms', terms not so common today. The plans are titled 'Assembly Hall for the Vogeltown and Morningson Public Hall Society'. I can't imagine William Fielding would have foreseen his plans being referred to 82 years after he first drew them!

Vogelmorn Hall is now on Facebook. You can access Friends of Vogelmorn at www.facebook.com/vogelmorn Friends of Vogelmorn gained 102 likes on its first day, and was set up by Jo Randerson and Thomas LaHood to support and celebrate the Vogelmorn Hall, Tennis Club and Bowling Green.

There are lots of interesting snippets of information, photos and a NZ National Film Weekly Review Newsreel from 1947 of the local community constructing the bowling green in glorious black and white with a very BBC style of narration.

The first meeting of the Brooklyn Village Planning Steering Group took place in the Brooklyn School staff room on 4 June. This initiative by Council is being led by Jaime Dyhrberg, Social Development & Improvement Manager, and is a new approach to engage with communities in planning for resources and facilities by asking the community what it wants and developing a plan together. Many representatives from local groups were present. The aim is to have draft plan prepared by the end of this year, to be finalised during the first half of 2015 for inclusion in the Council's 2015 – 25 Long Term Plan.

Adam Hendry, our Childcare Programme Manager has purchased a great new fun resource. Made here in NZ, it's called Imaginz – The Joy of Making. Each kit contains 344 interlocking parts, enabling children to join together and build life size creations of play forts, ships, planes, cars and lots more. This was put to good use by kids during the Teacher's Only Day on Friday 30 May.

View photos in our 'Gallery' online at www.brooklyncommunitycentre.org.nz Plus, we have just uploaded our next School Holiday Programme which starts on Monday 7 July.

Have a great month

Euan Harris



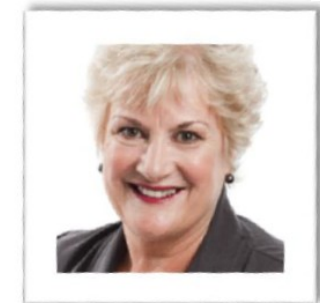
Grant ROBERTSON

Your MP in Wellington Central

220 Willis Street, Wellington

P 04 801 8079

E office@grantrobertson.co.nz



Annette KING

Your MP in Rongotai

25 Kilbirnie Plaza, Kilbirnie

P 04 387 2587

E rongotai.mp@parliament.govt.nz



Authorised by Grant Robertson, 220 Willis Street, Wellington.

Authorised by Annette King, 25 Kilbirnie Plaza, Kilbirnie.



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Mondays:	5.00 – 6.00 pm	6.00 – 8.00 pm
Fridays:	4.30 – 5.30 pm	5.30 – 7.30 pm
Saturday:	9.00 – 10.00 am	10.00 – 11.30 am

Contact: Scott Willson 021 1875006 or wellington@shaolinkungfu.co.nz

Or just come along to try a free class - wear T shirt and long trackies.

Tanera Park Hall, Tanera Cres (off Ohiro Rd), Brooklyn. www.shaolinkungfu.co.nz

Copy Deadline for the next Brooklyn Tattler is 27 June 2014

Email: niccitong@gmail.com with your contribution.

Brooklyn History

The main interest at present around Brooklyn and Mornington is the Vogelmorn Hall and its future. Though the increased activities within the hall are assuring its future, this is not a new idea, the Hall has had continuous use ever since it was built.

Miss Dunning's Kindergarten had a large part to play in this building. I touched on Miss Dunning in a previous Tattler but here is a more in-depth story.

As soon as she left High School in 1931, Kathleen Dunning took up kindergarten training. She had always loved children so this was a natural progression. In those days the kindergarten course was a two year one, and included primary school training as well, to enable students to qualify as nursery governesses as well as kindergarten teachers. When her training was complete, Kathleen planned to start her first kindergarten in the Vogelmorn Hall.

That was in 1933, and the hall was in the final stages of completion. As soon as the news was out, mothers started arriving to enrol their small children. The hall was not yet finished, but children were anxious to start. So Miss Dunning decided to commence lessons in her own home at No 3 Connaught Terrace for 2-3 months until the hall was ready.

The children played in her garden and went to class in the dining room. The house had been left to her after her parents died in 1947.

The kindergarten was duly installed in the Hall and stayed there for 10 years. However it was not only a pre-school, Miss Dunning taught primary school up till Standard 2 (our current Year 4). It was, in effect, a kindy and preparatory school, with regular lessons and regular visits from the school inspectors. Some of the children accompanied Miss Dunning home for lunch on fine days and ate their sandwiches under the trees in her garden. Very often, budgies and canaries were taken to school, where Miss Dunning would teach the children in a practical way how to care for their animal friends.

During the war the military commandeered the hall so Miss Dunning was offered the use of the Scout Hall in Harrison Street, where she continued her teaching until retirement in 1960.

For the children who later became adults and enjoying successful careers, they never forgot their kindergarten teacher, and a large number of them attributed their success to Miss Dunning. One memory that they considered their biggest thrill, was being 'The Birthday Child' This was YOUR day. You rang the bell, chose the songs, and helped the teacher. Mother would send along a cake and maybe jelly beans and potato chips. Just as wonderful was the time you went home and told Mother – *"I'm a Big One now. I'm four. And at Kindy the Big Ones have to help the little ones"*

Another story next month.

Regards

Chris



RESOURCE CENTRE NEWS

36 Jefferson Street

PHONE: 384 4299

OPEN: Weekdays 9am - 4pm

CONTACT US FOR;

MAH JONG;

Monday 1pm - 3pm

Beginners welcome

SPEECH THERAPIST

Monday & Wednesdays 9am - 1pm

Phone: 383 5415

PLUNKET:

Clinics: Monday 9am - 4pm

Tuesday 9am - 4pm

Call for an appointment on 384 5253

COMMUNITY LUNCH;

Tuesday 12noon - 1pm

Inexpensive lunch for everybody

Children welcome

SPINNERS and KNITTERS:

1st and 3rd Thursdays 1 - 4pm.

PODIATRIST;

Every second Friday

9.00am - 11.30am

Ph. for an appointment on 384 4299

FRIDAY CIRCLE: \$5

Cars will collect you if needed.

Programme:

Craft activities 9.30am

Morning Tea 10am

Lunch 12noon

Arthritic Exercise 1.30pm

Guest Speaker 2pm

Afternoon Tea 3pm

We have an amazing line up of speakers for June and July. Drop in on Friday from 2 - 3pm. You may like to be a speaker yourself.

Speakers for June and July

20 June: Hine Sullivan
From Policing to Papua New Guinea. The trials & tribulations of a rural Maori girl

27 June: Mid Winter Christmas

04 July: Movie afternoon
"The Winslow boy"

11 July: BINGO
'Bling Style'

It's that time of year again. The Brooklyn Resource Centre is holding their AGM on Sunday 29 June at 2pm. The AGM will include an amendment to our constitution

Please come along and support the Resource Centre. You may even like to join our committee.

Our guest speaker for this year will be Mel Beirne from the "Brooklyn Food Group" who look after the Community Orchard.

We are having our mid winter Christmas lunch on 27 June. If anyone would like to come and play the piano between 2pm and 3pm, we would really appreciate it.

We have some new volunteers at the centre. Thank you Natalia for your company and help on Fridays.

I hope to see you at the centre soon.

Jenny Swan
Co-ordinator

Brooklyn Food Group

If you have a passion for local food and community, then come and be a part of the Brooklyn Food Group. We run share gardens and a community orchard growing food together and learning from each other, to fill our bellies and build our skills and community.

A Pruning workshop is planned for 2pm on the 22 June. Email to register.

We have a share garden property in Havelock Street, that is looking for someone to garden there.

Working bees on the 1st and 3rd Sunday of each month from 3pm till 5pm at the end of Harrison Street.

We welcome new gardeners and gardens, so if you want to get your hands dirty and help build a good food community at the same time, please get in touch.

thebrooklynfoodgroup@gmail.com
facebook.com/BrooklynFoodGroupNZ



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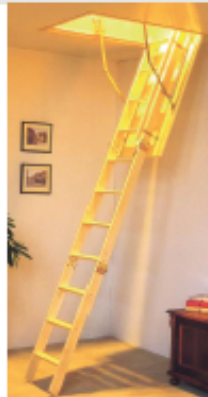
www.leaders.co.nz/katieunderwood

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WHAT'S ON AT THE VOGELMORN HALL

- SPIRIT TAEKWON-DO CLUB** Sunday mornings 9.15am to 12:45pm
 Thursday evenings 4:45 to 8:45pm
 Contact Louise on 021 585 119
 or email: louise@spirit.net.nz
- FELDENKRAIS CLASSES** Awareness through Movement
 Monday 10am to 11am & evening 7pm to 8pm
 Wednesday mornings 10am to 11am
 Contact Barbara on 384 5249 or Toni on 475 3355
- KARDIO POWER
STRETCH & TONE CLASS** Monday evenings 5:40 to 6:10pm
 Monday evenings 6:10 to 6:40pm
 Punch that pad and get fit, or gently tone and stretch your body. No experience required.
 Contact Patricia on 383 9371 or 027 297 6049
- POSITIVELY ZUMBA** Tuesday evenings 7.15pm to 8.30pm
 Contact Beth via email at:
positivelyzumba@gmail.com
- FIONA HAINES DANCE** Wednesday afternoons & evenings 3:15pm to 9pm
 Contact Fiona on 476 7046 or 021 721 020
f.haines.dance@gmail.com
- KIDS ART** Thursday afternoons from 3pm to 4.30pm
 During school terms
- WELLINGTON NAGINATA** Women's Martial Arts Group
 Friday evenings 5:30pm to 7:30pm
 Contact Alice at henryjonesjr@yahoo.co.uk
- IAIDO TRAINING** Non-combative Japanese Martial Art
 Saturday afternoons from 3pm to 5pm
 Contact Cam on 021 263 0351 or
cam@camfindlay.com

The Vogelmorn Hall at 11 Vennell Street can be hired for classes, groups and functions. Contact Euan Harris the Coordinator for details. Phone: 384 6799

Email: brooklynca@paradise.net.nz

View us online at: www.brooklyncommunitycentre.org.nz

School News

Term Two is now well underway and all our schools have been focused on Cross Country racing with the fastest children competing in the Central Zones. Well done to all the children who got to represent their schools.

Brooklyn School celebrated Book Week recently by decorating their class room doors as their favourite books and having a dress up day and parade.

The Tui Syndicate children have been busy so far this term with a trip to Capital E to see the play Mr Magee and the Biting Flea, and a visit from two Hurricanes players who showed the children some rugby skills and gave them signed posters of the team.

The Tui and Kiwi syndicates have also been having some scooter and bike safety training courtesy of the Wellington City Council.

Continuing on the sport theme, Ridgway School has been catering for enthusiastic footballers by taking up the opportunity to have some expert coaching from Capital Football. Capital Football has also generously supplied the school with 25 new footballs so the children can continue practicing their skills after the training programme has finished.

Children in Rooms 1 and 2 at St Bernard's School have also had a busy start to the term. During New Zealand Sign Language week they had a guest speaker who spoke to them about sign language. The children were very enthusiastic and excited to be able to share their new knowledge.

They have also recently had a visit to Te Papa as part of their Matariki studies.

Term Two finishes on Friday 4 July for all our schools.

Julie Seevens

Councillor Corner

Wellington's bus passenger numbers are stagnant despite a six percent population increase over the past five years. Why? Driving a car is cheaper than catching a bus in Wellington.

This shouldn't be the case in a modern city. Public transport plays a major role in reducing congestion and needs to cater for those who don't have cars.

I've made a personal submission, as a Lambton Ward councillor, to the Greater Wellington Regional Council's draft Annual Plan focusing on the need for cheaper bus fares, and asking for the retention of the No 18 bus route, a favourite with students as it links the Massey, Kelburn, Te Aro and Karori tertiary campuses.

Public transport needs to be affordable and efficient, which isn't the case in Wellington. We have New Zealand's highest bus fares, and the least subsidised.

Our bus passengers pay around 67 percent of their fares, compared to Aucklanders who pay between 45 percent and 55 percent.

Rail users (only one third of the region's commuters) have much cheaper fares, much bigger subsidies (funded by Wellington ratepayers) and, unlike bus users, can buy monthly tickets.

The GWRC states it wants public transport to be an affordable alternative, yet it's proposing fare increases of 25-33 percent in Zones 1-3.

The new Zone One child's cash fare will cost more than a comparable adult fare in Auckland.

These increases will particularly affect people living in central Wellington, as Zone One fares are the most popular.

I hope the GWRC is listening!

Nicola Young

021 654 844

nicola.young@wcc.govt.nz

Message from the Mayor

What a pleasure to wish Gwen a happy 90th at the Community Centre recently.

Our Annual Plan has been agreed, with new funding to repair storm damage, improve cycling and encourage green star buildings.

As WW1 commemorations proceed it is a time for all of us to pause and remember our ancestors individually and at the numerous community, city and national events.

Soon Brooklynites can return to their Cleveland Street library. Thanks to all the staff and readers involved for managing the temporary location.



Celia Wade-Brown
Mayor

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GROUP ROUNDUP

Brooklyn Walkers

Brooklyn Walkers meet Monday mornings outside the Brooklyn Library. The walks are varied covering most of Wellington and are easily suitable for senior walkers. Our group is full of friendly people so join us. For more information call Susannah: 384 7412 or Clare 384 9054.

16 June - Pencarrow Walk

23 June - Waikanae Beach to Waikanae via river walkway

30 June - Seatoun, Pass of Branda, Breaker Bay and Lyall Bay.

7 July - Somes Island

14 July - Fort Dorsett to Churchill Park then walk towards Worser Bay and over the hill to Miramar.

Detailed Walking Group programmes, available from the Brooklyn Community Centre office at 18 Harrison Street.



Brooklyn Table Tennis

The Brooklyn Table Tennis Club plays from 8pm till late every Wednesday and 9am on Tuesdays.

Small, friendly group, welcoming new members of all ages. We have 3 tables, good lighting in a pleasant hall. Balls are supplied and a number of club bats are available for use. For information phone: Philip 934 7445 or Gwen 384 9060.

Brooklyn Scouts

Brooklyn Scouts, Cubs and Keas meet in the Scout Hall in Harrison Street, Brooklyn.

Keas: 5-7 years, Tuesdays 5.30-6.30pm
Cubs: 7-11 years, Mondays 6.30-8.00pm
Scouts: 11-14 years, Tuesdays 7.00-9.00pm.

For more information contact Gavin McGlashan gavin@mcglashan.co.nz phone: 939 3222



Brooklyn Garden Club

The Club meets at 7.30pm on the first Wednesday each month at the Brooklyn Resource Centre, 36 Jefferson St. Come and hear interesting and informative guest speakers, share gardening tips and plant cuttings, and enjoy the company of our small friendly group. New members and new ideas are always welcome. For further details contact Barbara on 389 4307.



Turbine Talkers Toastmasters Club

Turbine Talkers is the local chapter of Toastmasters International. We hold fortnightly meetings to teach and practice the skills of effective communication in a supportive learning environment. Turbine Talkers meets every 2nd Tuesday, at St Matthews Church on Washington Avenue. For further details. Ph. Caroline 971 8494



Brooklyn Brownies, Guides & Pippins

Brownies meet Monday evening during school terms, from 6.00-7.30pm, in the Brooklyn Community Centre, Harrison St. We welcome any girl between the

ages of 7 to 9.5 years of age to join Brownies for fun, friendship and other activities. Ph. Margaret 389 3028 for details.

Brooklyn Pippins meet Monday evening during term time 6-7pm at the Reformed Church, end of Harrison St. Contact Nicola Burdon: 971 1265

Brooklyn Guides meet Mondays 6.30-8pm at Reformed Church, Harrison St. Ph. Kathryn Marsh on 802 5049



Friends of Owhiro Stream

Drivers down Ohiro Road will have noticed the vast improvement over the past few years to the Owhiro Stream and its environs achieved by this local group. Work is ongoing and if you would like to find out more about it, call:

Paul – 389 8545 or Martin – 389 8995



Central Park Care Group

Our working bee is the last Sunday of the month from 10am to noon. Meet at the picnic table next to the big bridge, 2 mins from the main gate. Come along for great conversations, meet new people, fab morning tea provided and contribute to the care of Central Park! No formal meeting in January. Contact Debbie for informal meeting times.

Email: debbie_vanh@yahoo.com



Brooklyn Local History Group

The next Brooklyn Local History Group meeting is on Saturday 5 July at 2pm in the refurbished Brooklyn Library cnr Cleveland and Harrison Streets. Everyone is welcome to attend.

Please contact Sharon for details: 027 634 4455 or daytime 387 1487, or Chris on 384 9293.



St John Youth Division and Penguin Programme

For 6-18 year olds, weekly sessions, some weekend camps, and fun activities provides a structured programme for attendees to develop life skills, self discipline. The Penguin Programme for 6-8 year olds meets at St Bernard's School, Taft St, Mondays 3:30-4:45pm. The Youth Division for 8-18 year olds meets at Brooklyn Community Centre, Tuesday 6:30-8:00pm. Contact Karen for Penguins on 389 4060 and Carol for Youth on 0274 321 204 www.stjohn.org.nz



Brooklyn Food Group

The Brooklyn Food Group have a passion for local food and community. We run workshops, shared gardens and a community orchard.

Contact us to get involved or drop in to our regular working bee at the Brooklyn Orchard every 1st and 3rd Sunday of the month from 3pm till 5pm at the end of Harrison Street. Everyone very welcome.

thebrooklynfoodgroup@gmail.com and www.facebook.com/BrooklynFoodGroupNZ



Lines from the Library

Winter is here and it's cold in Brooklyn. Make sure you come get something to read by the fire (or just in bed) from your local library.

The library is shifting back to its regular location on the corner of Harrison and Cleveland Street this month, with the final day at the temporary premises being on the 13th of June. I hope everyone has enjoyed the change of environment and the quirky features of the former Thai restaurant. I know for anyone under five the ramp has been a huge hit. Another positive aspect of the restaurant-come-library has been the comfortable, warm interior; this is something we want to bring back to the permanent Brooklyn Library so hopefully there will be a few changes to look forward to. The library will be closed from the 13th until the 18th of June for the relocation but you will still be able to return your books as usual in the after hours slot at the Harrison/Cleveland Street premises and any overdue fees incurred due to the library closure will be waived automatically. Once again you will have access to our full collection of books, magazines, DVDs, and

CDs. The photocopier we left behind will also be available for printing, faxing, and photocopying again. Class visits from Brooklyn and Ridgway schools will also be resuming after the relocation, and Story time as well as our other regular events will continue as usual. At the temporary library we lacked room for the Librarian's Choice and New Books sections which will be now be filled with fantastic, new titles for patrons to devour. The library has also temporarily introduced new DVDs that will remain in our collection for six weeks, which is an experiment to refresh our DVD selection that has generally been quite limited. A variety of children's and adults DVDs have been shifted from the Central Library to improve the choice of material available to Brooklyn Library patrons. Please let us know if you think a greater range of Audio Visual material would be a popular and justifiable investment for Brooklyn Library. The library and all that is contained within it is here for you, so all feedback is gratefully received. I am really looking forward to welcoming everyone back to the new and improved Brooklyn Library and hope to see you there.

Hannah Gorman



Diane Shaw - Personal Stylist

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www.wardrobeworkouts.co.nz
or phone 022 165 77 99

Friends of Owhiro Stream

I don't know how anyone else feels, but as I write this - on a gloomy windy, rainy day on the weekend of 24th May - I am feeling thoroughly sick of winter, and it hasn't even started yet! I am tired of grey days, dark mornings, and damp washing hanging round the living room. Still, by the time you get to read this, it will be the middle of June and almost the winter equinox, and while the worst of the weather is still to come, at least the days will start getting incrementally longer.

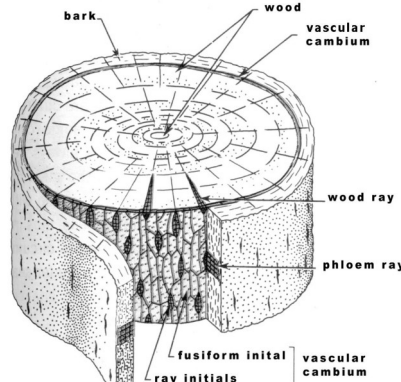

But winter or no winter, we continue on with our daily / weekly / monthly / routines, waiting for the golden days to return. For FOOS, this means continuing planting and weeding down at the stream; and it has to be said that the continuous damp weather has made this a lot easier. Pulling weeds and digging is holes just that much easier when the ground is not dry and rock hard.

Last month, we had a very successful working bee, clearing a large area of some rather nasty weeds, and replanting with sedges etc. In addition, we had a large and enthusiastic group of young people and adults from the Britannia Sea Scouts come and spend a Sunday afternoon working with us. Several of them had come for a Sunday afternoon last year, so we were able to show them how the planting in the spot they had worked on had progressed - and how much the weeds had grown back! They worked hard clearing blackberry and infill planting, and we hope some will be encouraged to join us on planting days later on in the year.

Our thanks to all of you, and particularly those parents, and even grandparents, who gave up their time to come with you.

And finally - of course winter brings its own rewards; winter sports and skiing come to mind; or not feeling guilty about spending a rainy afternoon reading a book; and the pleasure of sitting beside a fire, with a cup of coffee, after going for a walk or working outside in the garden, is hard to beat. So I will stop moaning, and go outside into the garden, so that I can come back in and do just that.

Janet Campbell
on behalf of Friends of Owhiro Stream



BROOKLYN
0800 4 TREE DR.
971 8583

www.livingplanet.co.nz

Medical Notes

Protecting Young People

Being an adolescent can be difficult – can any of the readers think back to what it was like being age 15! As parents and other adults in the community we can role model and support young people to grow up well.

One of the roles of parents and doctors is helping children and adolescents learn about attending for medical care so that as they mature they can seek care for themselves. This transition can be difficult for parents (like so many other things parents have to manage with adolescents). One idea is to encourage primary school aged children to explain why they have come to the doctor and fill in the gaps as needed; this process can continue to develop as a child gets older.

For a teenager – maybe the parent can come in at the start of the consultation and then wait in the waiting room and if needed can be called back in at the end for the final information. It is really useful to practice this plan on seemingly simple visits for sore throats or sports injuries.

This will give a teenager increased confidence in being able to talk to a health professional for times when things may be more complicated.

Medical consultations are confidential unless there is serious concern about harm to self or others. It is useful for a young person to know there is somewhere (in addition to parents) where they can go to talk about their health concerns.

There are also immunisations suggested for this age group. Although not government funded we are encouraging teenagers to be immunised against Meningococcal C, an illness that is more likely to spread among groups of young people. For Girls the HPV vaccine Gardasil is funded and usually given in schools.

If your daughter has missed the opportunity for this immunisation at school – it can be done via your general practice up until age 20.

Lynn McBain
Brooklyn Medical Centre

Brooklyn Medical Centre, 155 Ohiro Road, Brooklyn

Dr Lynn McBain and Dr Julie Whittome welcome two new associates.

In July **Dr Jane Knight** and **Dr Justine Speedy** will be joining our team.

We bid farewell to Dr Tim McLeod and Dr Richard Mercier.
We thank them for their care.

Phone: 384-2761 Fax: 801-5041 email: reception@brooklynmedical.co.nz

Friends of Central Park

Our plans to convert the old pool area, now a boggy lawn, into a seating area with access to the stream are well under way and we will have an extra working bee from **10.00 – 12.00 on Sunday 15 June** to prepare the site. Please bring gloves and tools for light pruning – new people are welcome.

We have had an increase in volunteer numbers, including some very welcome primary and secondary school students, following a leaflet drop in the streets around the park. This month we, once again, focussed on removing wandering willy (tradescantia) from the banks of the lower stream – you may see the small mountain we have collected if you walk along the path between the gates on Brooklyn Road and the bridge.

In addition to weeding out tradescantia, we are also experimenting with biological control; the Tradescantia stem beetle aka “Knobbly” (*Lema basicostata*) was

released in Central Park in February 2013.

The stem beetle is 4-5 mm, black and has bumps on the elytra (wing cases), hence the nickname. The larvae of this species mines the stems of the plant and have demolished the host plants during trials in Auckland.

It is not known how fast the beetles will breed in New Zealand but it is hoped that there will be at least two or three generations each year in warmer areas. We will have to wait until after winter in 2014 to see if the insects have successfully established at Central Park.

Friends of Central Park meet on the last Sunday of every month; join us from 10.00 – 12.00 at the overhead bridge up the main path from the main gates on Brooklyn Road. Everyone is welcome to join our working bees – coffee, tea and delicious snacks provided!

For more information, contact Barbara at behardy@clear.net.nz or 384 5249 or Debbie at debbie_vanh@yahoo.com

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